

Exercise: Manage the fly-away finger

BPM=40-60

Perform these exercises very slowly and ensure the lifting finger stays very close to the fretboard  
You can go through the exercises forward-backward and/or connecting exercises as you like

Exercise 1a

e		--6-5-4-3-----	
B		-----8-7-6-5-----	
G		-----9-8-7-6-----	
D		-----1110-9-8-----	
A		-----13121110-----	
E		-----15141312-----	

Exercise 1b

		-----6-5-4-3-----	
		-----8-7-6-5-----	
		-----9-8-7-6-----	
		-----1110-9-8-----	
		-----13121110-----	
		(15141312)-----	

Exercise 2a

e		-15141312-----	
B		-----13121110-----	
G		-----121110-9-----	
D		-----10-9-8-7-----	
A		-----8-7-6-5-----	
E		-----6-5-4-3-----	

Exercise 2b

		-----15141312-----	
		-----13121110-----	
		-----121110-9-----	
		-----10-9-8-7-----	
		-----8-7-6-5-----	
		(8-5-4-3)-----	

Exercise 3a

e		-8-7---7-6---6-5-----	
B		---8-6---7-5---8-7---7-6---6-5-----	
G		---8-6---7-5---8-7---7-6---6-5-----	
D		---8-6---7-5---8-7---7-6---6-5-----	
A		---8-6---7-5---8-7---7-6---6-5-----	
E		---8-6---7-5-----	

Exercise 3b

e		-----8-6---7-5-----	
B		-----8-6---7-5---8-7---7-6---6-5-----	
G		-----8-6---7-5---8-7---7-6---6-5-----	
D		-----8-6---7-5---8-7---7-6---6-5-----	
A		---8-6---7-5---8-7---7-6---6-5-----	
E		-8-7---7-6---6-5-----	

Exercise 4

e		-8-7-8-6-8-7-6-5-----	
B		-----8-7-8-6-8-7-6-5-----	
G		-----8-7-8-6-8-7-6-5-----	
D		-----8-7-8-6-8-7-6-5-----	
A		-----8-7-8-6-8-7-6-5-----	
E		-----8-7-8-6-8-7-6-5-----	